

EMERGENCY PREPAREDNESS SOLUTIONS 48 Crease Ave, Victoria BC V8Z 1S3 1-888-832-1733 • hello@totalprepare.ca

HOW TO USE YOUR WALLET CARDS

Cut out the wallet cards below and fill them in with the names and numbers of your emergency contacts, including somebody who is outside of your geographic area who can help coordinate the members of your household in case you get separated. Fold the cards in half and put them in your wallet or backpack.

| | | EMERGENCY CONTACTS | |
|--|------|---------------------------|--------|
| | NAME | | NUMBER |
| Doctor: | | | |
| Out of Town: | | | |
| Parent/Guardian: _ | | | |
| Parent/Guardian: _ | | | |
| - | | | |
| | | EMERGENCY CONTACTS | |
| | NAME | | NUMBER |
| Doctor: | | | |
| Out of Town: | | | |
| Parent/Guardian: _ | | | |
| Parent/Guardian: _ | | | |
| | | | |
| EMERGENCY CONTACTS | | | |
| | | EMERGENCY CONTACTS | |
| | NAME | EMERGENCY CONTACTS | NUMBER |
| Doctor: | | EMERGENCY CONTACTS | NUMBER |
| Doctor: Out of Town: | | | NUMBER |
| | | | NUMBER |
| Out of Town: | | | NUMBER |
| Out of Town: Parent/Guardian: _ | | | NUMBER |
| Out of Town: Parent/Guardian: _ | | | NUMBER |
| Out of Town: Parent/Guardian: _ | | | NUMBER |
| Out of Town: Parent/Guardian: _ Parent/Guardian: _ | NAME | | |
| Out of Town: Parent/Guardian: _ Parent/Guardian: _ | NAME | EMERGENCY CONTACTS | |
| Out of Town: Parent/Guardian: _ Parent/Guardian: _ Doctor: | NAME | EMERGENCY CONTACTS | |
| Out of Town: Parent/Guardian: _ Parent/Guardian: _ Doctor: Out of Town: | NAME | EMERGENCY CONTACTS | |